



findyourneurotype

SAMPLE REPORT

PREMIUM REPORT

Learning Style Profile (VARK)

Neurodevelopmental Screening Report

PREPARED FOR

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Table of Contents

Click any section below to jump straight to it.

01	Overview & Score	Page 3
02	Category Breakdown	Page 3
03	Your Responses	Page 3
04	AI Interpretation by Claude	Page 5
05	Recommendations	Page 6
06	Important Notice	Page 6



Learning Style Profile (VARK)

Neurodevelopmental Screening Report

9

/ 16

Score

100%

Percentage

Visual Learner (V)

Result

You learn best through diagrams, charts, maps, colours and spatial layouts. You think in pictures.

Category Breakdown

Category	Distribution	Pts
V		9
A		3
R		2
K		2

Your Responses

Each answer contributed to your score.

#	Question	Your answer	Pts
1	You want to help someone find a location. You would: vark	Write directions	30
2	A website has a video, text and diagram. What do you look at first?	Read the text	30



#	Question	Your answer	Pts
	vark		
3	You want to learn to cook a new dish. You would: vark	Read the recipe	30
4	You received a new gadget. Your first instinct is to: vark	Read the instruction manual	30
5	In a presentation, what do you focus on most? vark	Written notes	30
6	When you need to remember an important fact, you: vark	Write it or read it	30
7	In a meeting, you are most comfortable when there are: vark	Written agendas	30
8	You want to understand how something works. You prefer to: vark	Read an article	30
9	When learning a new language, you prefer to: vark	Read books and grammar	30
10	If you had to explain a complex concept, you would: vark	Write a clear explanation	30
11	In your free time, you most enjoy: vark	Reading and writing	30
12	When making an important decision, you prefer to: vark	Write a pros/cons list	30
13	When bored at work or study, you typically: vark	Read or make a list	30
14	When receiving feedback on your work, you prefer it to be:	Written - notes in a document	30



#	Question	Your answer	Pts
	vark		
15	When revising for an exam, you are most likely to: vark	Read and rewrite key points	30
16	When encountering a problem, you first: vark	Research and read	30



AI Interpretation by Claude (Anthropic)

claude-sonnet-4-20250514

Thank you for taking the time to complete this Learning Style Profile screening—self-reflection like this takes curiosity and openness, and it’s a wonderful step toward understanding how your mind naturally engages with the world. Your results suggest a strong preference for visual learning, with your responses leaning notably toward the “V” category compared to auditory, reading/writing, and kinesthetic approaches. If this resonates with you, know that you’re in good company; many people find that images, diagrams, colors, and spatial organization help information click into place in a way that words alone sometimes can’t.

In plain terms, this pattern suggests you may absorb and retain information most effectively when it’s presented visually—through charts, mind maps, color-coding, videos, or diagrams rather than through spoken lectures or dense blocks of text. This doesn’t mean other methods won’t work for you at all; it simply highlights a leaning, a kind of cognitive preference that can help you understand why certain study or work methods have felt more natural or effective than others in the past. It’s less about a fixed label and more about a helpful clue into how you process the world.

With this insight, you might experiment with turning notes into visual summaries, using highlighters or color systems to organize ideas, or watching demonstrations before attempting a task yourself. Sketching out concepts, using flowcharts for complex processes, or seeking out infographics and video tutorials could also make learning feel less effortful and more intuitive. Even something as simple as visualizing a plan before starting a project might help you feel more grounded and confident.

Please remember that this is a screening tool designed to offer gentle insight, not a clinical diagnosis or a definitive measure of your abilities. Learning styles can shift depending on context, subject matter, and personal growth over time. If you’re curious to explore this further—especially if you’re navigating academic,



professional, or developmental questions—reaching out to a qualified educator, psychologist, or learning specialist can offer deeper, personalized guidance. You're clearly someone invested in understanding yourself better, and that self-awareness is a genuine strength to build on.

Recommendations

Use mind maps, colour-coded notes and flowcharts. Convert text into visual formats.

Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.