



# Social Anxiety Screening (SPIN)

Neurodevelopmental Screening Report

34

/ 68

Score

50%

Percentage

Result

## Your Responses

Each answer contributed to your score.

| # | Question   | Your answer  | Pts |
|---|--|--------------|-----|
| 1 | I am afraid of people in authority<br><span>Fear</span>  | Somewhat     | 2   |
| 2 | I am bothered by blushing in front of people<br><span>Physical</span>                          | A little bit | 1   |
| 3 | Parties and social events scare me<br><span>Fear</span>  | A little bit | 1   |
| 4 | I avoid talking to people I don't know<br><span>Avoidance</span>                               | Somewhat     | 2   |
| 5 | Being criticized scares me a lot<br><span>Fear</span>  | A little bit | 1   |
| 6 | I avoid doing things or speaking to people for fear of embarrassment<br><span>Avoidance</span> | Somewhat     | 2   |



| #  | Question  | Your answer  | Pts |
|----|---|--------------|-----|
| 7  | Sweating in front of people causes me distress<br><input type="button" value="Physical"/>               | Somewhat     | 2   |
| 8  | I avoid going to parties<br><input type="button" value="Avoidance"/>                                    | Somewhat     | 2   |
| 9  | I avoid activities in which I am the center of attention<br><input type="button" value="Avoidance"/>    | A little bit | 1   |
| 10 | Talking to strangers scares me<br><input type="button" value="Fear"/>                                   | Somewhat     | 2   |
| 11 | I avoid having to give speeches<br><input type="button" value="Avoidance"/>                             | Somewhat     | 2   |
| 12 | I would do anything to avoid being criticized<br><input type="button" value="Fear"/>                    | Somewhat     | 2   |
| 13 | Heart palpitations bother me when I am around people<br><input type="button" value="Physical"/>         | Somewhat     | 2   |
| 14 | I am afraid of doing things when people might be watching<br><input type="button" value="Fear"/>        | Somewhat     | 2   |
| 15 | Being embarrassed or looking stupid are among my worst fears<br><input type="button" value="Fear"/>     | Somewhat     | 2   |
| 16 | I avoid speaking to anyone in authority<br><input type="button" value="Avoidance"/>                     | Somewhat     | 2   |
| 17 | Trembling or shaking in front of others is distressing to me<br><input type="button" value="Physical"/> | Somewhat     | 2   |



AI Interpretation by Claude (Anthropic)

claude-sonnet-4-20250514



This is a sample preview of the AI-powered narrative report you receive after completing the SOCIAL\_ANXIETY screening. The full report is generated by Claude AI based on your specific answer pattern across every item, producing a personalized interpretation that goes well beyond the raw score. Your example score sits in the middle of the distribution, which means roughly half of respondents score higher and half score lower. This is a useful baseline for interpreting clinical thresholds: a score in this range is neither minimal nor clinically elevated, and the meaning depends heavily on context — your age, life circumstances, recent stressors, and the specific questions you endorsed most strongly. In a real report, this section would highlight the two or three items you rated highest and explain why they matter clinically. It would point to the validated cut-off for this instrument, compare your pattern to the relevant peer group, and discuss the most common reasons people score at your level. When subscale scores are available (for example, attention versus impulsivity, or social versus sensory dimensions), the narrative breaks down each cluster and identifies which one is driving your overall score. Practical recommendations follow: lifestyle adjustments backed by recent research, when to consider a professional evaluation, and which specialist is best placed to follow up — primary care, psychologist, psychiatrist, occupational therapist, or sleep clinic depending on the test. The report also lists the published reference for the instrument so you or your clinician can verify the methodology. This screening is not a diagnosis. It is a structured starting point for a conversation with a qualified professional.

### Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

**This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.**