



Psychosis Risk Screening (PQ-16)

Neurodevelopmental Screening Report

8

/ 16

Score

50%

Percentage

Clinical Referral Recommended

Result

Your score is at or above the clinical cut-off (6 or more endorsed items). In the original Ising et al. (2012) study, this threshold identified individuals at higher

Your Responses

Each answer contributed to your score.

| # | Question | Your answer | Pts |
|---|--|-------------|-----|
| 1 | I feel uninterested in the things I used to enjoy. <input type="text" value="anhedonia"/> | No | 0 |
| 2 | I often seem to live through events exactly as they happened before. <input type="text" value="perceptual_dejavu"/> | No | 0 |
| 3 | I sometimes smell or taste things that other people can't smell or taste. <input type="text" value="perceptual_olfactory"/> | No | 0 |
| 4 | I often hear unusual sounds like banging, clicking, hissing, clapping or ringing in my ears. <input type="text" value="perceptual_auditory"/> | No | 0 |
| 5 | I have been confused at times whether something I experienced was real or imaginary. <input type="text" value="reality_testing"/> | No | 0 |
| 6 | When I look at a person, or look at myself in a mirror, I have | No | 0 |



| # | Question | Your answer | Pts |
|----|---|-------------|-----|
| | seen the face change right before my eyes. perceptual_visual | | |
| 7 | I get extremely anxious when meeting people for the first time. social_anxiety | Yes | 1 |
| 8 | I have seen things that other people apparently can't see. perceptual_visual_hallu | No | 0 |
| 9 | My thoughts are sometimes so strong that I can almost hear them. thought_distortion | No | 0 |
| 10 | I have had the sense that some person or force is around me, even though I could not see anyone. presence | Yes | 1 |
| 11 | I feel that parts of my body have changed in some way, or that parts of my body are working differently. body_perception | No | 0 |
| 12 | I have been told, or it has been suggested, that my behavior is unusual or bizarre. behavior_bizarre | No | 0 |
| 13 | I am often distracted by distant sounds that I am not normally aware of. perceptual_distant_sounds | No | 0 |
| 14 | I have heard things other people can't hear like voices of people whispering or talking. auditory_voices | No | 0 |
| 15 | I often have difficulties in expressing myself when speaking to others, even though I know what I want to say. disorganized_speech | No | 0 |
| 16 | I often feel that others have it in for me. | No | 0 |



| # | Question | Your answer | Pts |
|---|---------------------------------------|-------------|-----|
| | <input type="text" value="paranoid"/> | | |



AI Interpretation by Claude (Anthropic)

claude-sonnet-4-20250514

This is a sample preview of the AI-powered narrative report you receive after completing the PQ16 screening. The full report is generated by Claude AI based on your specific answer pattern across every item, producing a personalized interpretation that goes well beyond the raw score. Your example score sits in the middle of the distribution, which means roughly half of respondents score higher and half score lower. This is a useful baseline for interpreting clinical thresholds: a score in this range is neither minimal nor clinically elevated, and the meaning depends heavily on context — your age, life circumstances, recent stressors, and the specific questions you endorsed most strongly. In a real report, this section would highlight the two or three items you rated highest and explain why they matter clinically. It would point to the validated cut-off for this instrument, compare your pattern to the relevant peer group, and discuss the most common reasons people score at your level. When subscale scores are available (for example, attention versus impulsivity, or social versus sensory dimensions), the narrative breaks down each cluster and identifies which one is driving your overall score. Practical recommendations follow: lifestyle adjustments backed by recent research, when to consider a professional evaluation, and which specialist is best placed to follow up — primary care, psychologist, psychiatrist, occupational therapist, or sleep clinic depending on the test. The report also lists the published reference for the instrument so you or your clinician can verify the methodology. This screening is not a diagnosis. It is a structured starting point for a conversation with a qualified professional.

Recommendations

Schedule a consultation with a psychiatrist or a clinical psychologist as soon as reasonably possible. Bring this result with you. Early evaluation and support significantly improve outcomes for any psychotic-spectrum condition - and most people screened positive are NOT in fact developing a disorder. If you feel in crisis, you experience suicidal thoughts, or you feel unsafe, contact your local emergency services immediately.



Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.