



# Master Neurotype Test

Neurodevelopmental Screening Report

88

/ 120

Score

73%

Percentage

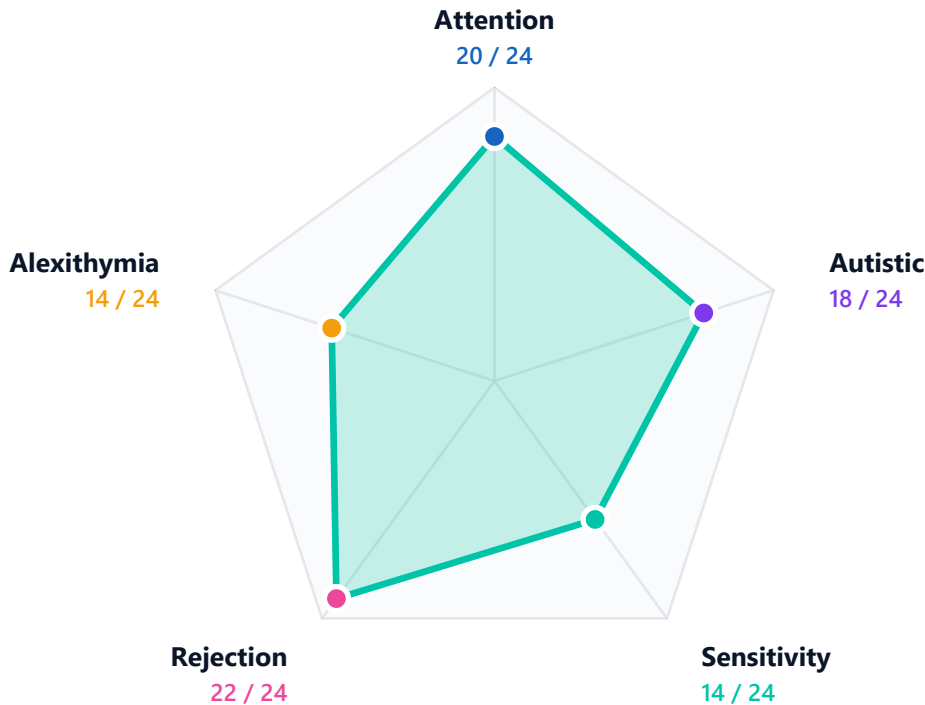
## Significant Neurodivergent Profile

Result

Your score sits in the high range, indicating that several of the measured dimensions are strongly expressed in your daily life. This is consistent with a clear

## Your Neurotype Profile

Five dimensions measured side by side. Each axis from 0 to 24.



## Your Responses

Each answer contributed to your score.



#	Question	Your answer	Pts
1	I have trouble wrapping up the final details of a project once the challenging parts are done. <a href="#">ADHD</a>	Often	3
2	I have difficulty getting things in order when I have to do a task that requires organization. <a href="#">ADHD</a>	Sometimes	2
3	I have problems remembering appointments or obligations. <a href="#">ADHD</a>	Sometimes	2
4	When I have a task that requires a lot of thought, I avoid or delay getting started. <a href="#">ADHD</a>	Often	3
5	I fidget or squirm with my hands or feet when I have to sit for a long time. <a href="#">ADHD</a>	Sometimes	2
6	I feel overly active and compelled to do things, as if driven by a motor. <a href="#">ADHD</a>	Often	3
7	I notice small sounds in my environment that others seem to miss. <a href="#">ASD</a>	Often	3
8	I tend to focus on small details rather than the overall picture. <a href="#">ASD</a>	Often	3
9	I find it hard to do several things at once. <a href="#">ASD</a>	Sometimes	2
10	I find it difficult to read what someone is feeling just by looking at their face. <a href="#">ASD</a>	Often	3
11	When reading a story, I find it hard to figure out a character's motivations.	Often	3



#	Question	Your answer	Pts
	ASD		
1 2	I find it difficult to imagine what it would be like to be someone else.	Often	3
	ASD		
1 3	I am easily overwhelmed by strong sensory input like bright lights, strong smells or loud noises.	Often	3
	HSP		
1 4	I notice and am affected by other people's moods.	Often	3
	HSP		
1 5	I get rattled when I have a lot to do in a short amount of time.	Often	3
	HSP		
1 6	I find it unpleasant to have a lot going on at once.	Often	3
	HSP		
1 7	I am deeply moved by the arts or music.	Often	3
	HSP		
1 8	I startle easily.	Sometimes	2
	HSP		
1 9	I feel intense emotional pain when I sense rejection, real or imagined.	Often	3
	RSD		
2 0	Mild criticism feels devastating, far beyond what others seem to experience.	Often	3
	RSD		
2 1	I avoid situations where I might fail or be judged, even when I know I could succeed.	Often	3
	RSD		
2	I become a people-pleaser to avoid the possibility of being	Sometimes	2



#	Question	Your answer	Pts
2	rejected. RSD		
2 3	After a perceived rejection, I dwell on it for hours or days. RSD	Sometimes	2
2 4	The fear of rejection holds me back from pursuing things I genuinely want. RSD	Often	3
2 5	I have difficulty identifying what I am feeling. ALEX	Often	3
2 6	I find it hard to describe my feelings in words. ALEX	Often	3
2 7	I have feelings that I can't quite identify. ALEX	Sometimes	2
2 8	I prefer to talk about daily activities rather than my feelings. ALEX	Often	3
2 9	When others ask how I feel, I don't know what to say. ALEX	Sometimes	2
3 0	I tend to focus on physical sensations rather than emotional ones. ALEX	Often	3



### AI Interpretation by Claude (Anthropic)

claude-sonnet-4-20250514

Emma, this multi-dimensional neurotype profile gives you a wide map of the ways your brain processes the world. Your overall score of 88 out of 120 places you in the "significant neurodivergent profile" band, but the real interpretation of that score lives in the shape of the pentagon, not in the total.



Your highest dimension is rejection sensitivity (22 out of 24, or 92%). In practice this means that even a mild criticism, an unexpected silence from someone close to you, or a message that gets read without a reply can trigger an emotional cascade that other people do not fully understand. Your body reacts before your mind does: tight chest, sudden urge to cry or disappear, hours of looping thoughts. This is not a character flaw, it is a calibration of your nervous system.

What makes your profile particularly coherent is the combination ADHD (20/24) + RSD (22/24). This is exactly what William Dodson called the "ADHD-RSD loop": an already fragile executive regulation system, paired with extreme emotional reactivity to interpersonal signals. This combination explains why you can swing from confidence to total self-deprecation in minutes, and why typical workplace environments feel so exhausting. The other strong signal in your profile is the co-elevation of ADHD + ASD (18/24), which is commonly called an AuDHD profile: simultaneously needing stimulation and novelty (ADHD) and predictability and routine (autism), with all the internal tension that creates.

From the inside, this profile often feels like this: an intelligence that catches details others miss, very accurate intuition about other people's emotions, yet a difficulty in feeling safe in relationships, even good ones. The exhaustion you may feel is not a defect, it is a real biological cost. Your system processes more social and sensory information than average, all the time.

The most useful next step would probably be the dedicated ASRS-v1.1 test to refine the ADHD piece, and possibly an evaluation with a clinician who specialises in adult ADHD in women. RSD is not a DSM-5 diagnosis, but practitioners who know it can offer very targeted strategies, including pharmacological ones (alpha-agonists) which have shown results in this exact pattern. You are not broken. Your brain just has a specific setting, and there are now precise tools to live with it, not against it.

## Recommendations

A profile at this level often justifies talking to a qualified mental health professional, especially if the traits significantly impact your work, relationships or wellbeing. Bring your detailed report to the appointment, it gives the practitioner a structured starting point.



### Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

**This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.**