

Bipolar Screening (MDQ)

Neurodevelopmental Screening Report

6

/ 13

Score

50%

Percentage

Some Indicators — Below Threshold

Result

You reported 4 to 6 symptoms from the MDQ items. This is below the clinical screening threshold of 7 positive items but indicates some features that overlap with bipolar

Your Responses

Each answer contributed to your score.

#	Question	Your answer	Pts
1	Have you ever had a period when you felt so good or hyper that other people thought you were not your normal self, or you were so hyper that you got into trouble? elevated_mood	Yes	1
2	Have you ever had a period when you were so irritable that you shouted at people or started fights or arguments? irritability	Yes	1
3	Have you ever had a period when you felt much more self-confident than usual? grandiosity	Yes	1
4	Have you ever had a period when you got much less sleep than usual and found you didn't really miss it? reduced_sleep	Yes	1
5	Have you ever had a period when you were much more talkative or spoke faster than usual? talkativeness	Yes	1
6	Have you ever had a period when thoughts raced through your	Yes	1

#	Question	Your answer	Pts
	head or you couldn't slow your mind down? racing_thoughts		
7	Have you ever had a period when you were so easily distracted that you had trouble concentrating or staying on track? distractibility	No	0
8	Have you ever had a period when you had much more energy than usual? increased_energy	Yes	1
9	Have you ever had a period when you were much more active or did many more things than usual? increased_activity	Yes	1
10	Have you ever had a period when you were much more social or outgoing than usual — for example, telephoning friends in the middle of the night? sociability	No	0
11	Have you ever had a period when you were much more interested in sex than usual? libido	Yes	1
12	Have you ever had a period when you did things that were unusual for you, or that others might have thought were excessive, foolish, or risky? risky_behavior	Yes	1
13	Have you ever had a period when spending money got you or your family into trouble? financial_impact	Yes	1



AI Interpretation by Claude (Anthropic)

claude-sonnet-4-20250514

This is a sample preview of the AI-powered narrative report you receive after completing the MDQ screening. The full report is generated by Claude AI based on your specific answer pattern across every item, producing a

personalized interpretation that goes well beyond the raw score. Your example score sits in the middle of the distribution, which means roughly half of respondents score higher and half score lower. This is a useful baseline for interpreting clinical thresholds: a score in this range is neither minimal nor clinically elevated, and the meaning depends heavily on context — your age, life circumstances, recent stressors, and the specific questions you endorsed most strongly. In a real report, this section would highlight the two or three items you rated highest and explain why they matter clinically. It would point to the validated cut-off for this instrument, compare your pattern to the relevant peer group, and discuss the most common reasons people score at your level. When subscale scores are available (for example, attention versus impulsivity, or social versus sensory dimensions), the narrative breaks down each cluster and identifies which one is driving your overall score. Practical recommendations follow: lifestyle adjustments backed by recent research, when to consider a professional evaluation, and which specialist is best placed to follow up — primary care, psychologist, psychiatrist, occupational therapist, or sleep clinic depending on the test. The report also lists the published reference for the instrument so you or your clinician can verify the methodology. This screening is not a diagnosis. It is a structured starting point for a conversation with a qualified professional.

Recommendations

Consider discussing these experiences with a general practitioner or mental health professional, especially if they have caused distress, affected relationships, work, or finances, or occur in distinct episodes rather than continuously. Tracking mood, sleep, and energy over several weeks in a journal can provide useful information for any consultation.

Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.