

PREMIUM REPORT

Quociente do Espectro Autista (AQ-50)

Neurodevelopmental Screening Report

PREPARED FOR

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Quociente do Espectro Autista (AQ-50)

Neurodevelopmental Screening Report

36

/ 50

Score

72%

Percentage

Strong Autism Spectrum Indicators

Result

Score 40+/50. Strong indicators of autism spectrum characteristics.

Category Breakdown

Category	Distribution	Pts
Social skills		8
Attention switching		7
Attention to detail		9
Communication		6
Imagination		6

Your Responses

Each answer contributed to your score.

#	Question	Your answer	Pts
1	I prefer to do things with others rather than on my own SS	Slightly Disagree	1



#	Question	Your answer	Pts
2	I prefer to do things the same way over and over again AS	Slightly Disagree	0
3	If I try to imagine something I find it very easy to create a picture in my mind IM	Slightly Disagree	1
4	I frequently get so strongly absorbed in one thing that I lose sight of other things AS	Slightly Disagree	0
5	I often notice small sounds when others do not AD	Slightly Disagree	0
6	I usually notice car number plates or similar strings of information AD	Slightly Disagree	0
7	Other people frequently tell me that what I said is impolite even though I think it is polite CO	Slightly Disagree	0
8	When I am reading a story I can easily imagine what the characters might look like IM	Slightly Disagree	1
9	I am fascinated by dates AD	Slightly Disagree	0
10	In a social group I can easily keep track of several different conversations AS	Slightly Disagree	1
11	I find social situations easy SS	Slightly Disagree	1
12	I tend to notice details that others do not AD	Slightly Disagree	0



#	Question	Your answer	Pts
1 3	I would rather go to a library than a party SS	Slightly Disagree	0
1 4	I find making up stories easy IM	Slightly Disagree	1
1 5	I find myself drawn more strongly to people than to things SS	Slightly Disagree	1
1 6	I tend to have very strong interests which I get upset about if I cannot pursue AS	Slightly Disagree	0
17	I enjoy social chit-chat CO	Slightly Disagree	1
1 8	When I talk it is not always easy for others to get a word in edgeways CO	Slightly Disagree	0
1 9	I am fascinated by numbers AD	Slightly Disagree	0
2 0	When I am reading a story I find it difficult to work out the characters intentions IM	Slightly Disagree	0
2 1	I do not particularly enjoy reading fiction IM	Slightly Disagree	0
2 2	I find it hard to make new friends SS	Slightly Disagree	0
2 3	I notice patterns in things all the time AD	Slightly Disagree	0
2 4	I would rather go to the theatre than a museum	Slightly Disagree	1



#	Question	Your answer	Pts
	IM		
2 5	It does not upset me if my daily routine is disturbed AS	Slightly Disagree	1
2 6	I frequently find that I do not know how to keep a conversation going CO	Slightly Disagree	0
2 7	I find it easy to read between the lines when someone is talking to me CO	Slightly Disagree	1
2 8	I usually concentrate more on the whole picture rather than the small details AD	Slightly Disagree	1
2 9	I am not very good at remembering phone numbers AD	Slightly Disagree	1
3 0	I do not usually notice small changes in a situation or a persons appearance AD	Slightly Disagree	1
3 1	I know how to tell if someone listening to me is getting bored CO	Slightly Disagree	1
3 2	I find it easy to do more than one thing at once AS	Slightly Disagree	1
3 3	When I talk on the phone I am not sure when it is my turn to speak CO	Slightly Disagree	0
3 4	I enjoy doing things spontaneously AS	Slightly Disagree	1
3	I am often the last to understand the point of a joke	Slightly Disagree	0



#	Question	Your answer	Pts
5	CO		
3 6	I find it easy to work out what someone is thinking or feeling just by looking at their face SS	Slightly Disagree	1
3 7	If there is an interruption I can switch back to what I was doing very quickly AS	Slightly Disagree	1
3 8	I am good at social chit-chat CO	Slightly Disagree	1
3 9	People often tell me that I keep going on and on about the same thing SS	Slightly Disagree	0
4 0	When I was young I used to enjoy playing games involving pretending with other children IM	Slightly Disagree	1
4 1	I like to collect information about categories of things such as types of car or types of bird AD	Slightly Disagree	0
4 2	I find it difficult to imagine what it would be like to be someone else IM	Slightly Disagree	0
4 3	I like to plan any activities I participate in carefully AS	Slightly Disagree	0
4 4	I enjoy social occasions SS	Slightly Disagree	1
4 5	I find it difficult to work out people intentions SS	Slightly Disagree	0



#	Question	Your answer	Pts
4 6	New situations make me anxious AS	Slightly Disagree	0
4 7	I enjoy meeting new people SS	Slightly Disagree	1
4 8	I am a good diplomat SS	Slightly Disagree	1
4 9	I am not very good at remembering people date of birth AD	Slightly Disagree	1
5 0	I find it very easy to play games with children that involve pretending IM	Slightly Disagree	1



AI Interpretation by Claude (Anthropic)

claude-sonnet-4-20250514

Obrigado por dedicar tempo e sinceridade ao preencher este questionário. Refletir sobre a própria forma de perceber o mundo, de se relacionar com as pessoas e de processar informações exige coragem, e chegar até aqui já demonstra um desejo genuíno de autoconhecimento. Seja qual for o resultado, ele não define quem você é – apenas oferece uma lente a mais para compreender suas experiências pessoais ao longo da vida.

Seu resultado no AQ-50 foi 36 em 50 pontos, um valor acima do limiar de referência de 32 pontos usado em pesquisas sobre traços do espectro autista. Isso significa que você apresentou, no questionário, um número maior de características frequentemente associadas a esse espectro do que a média populacional. Olhando para as subáreas avaliadas, os escores em Atenção aos Detalhes (9/10) e Habilidades Sociais (8/10) foram particularmente elevados, sugerindo uma percepção aguçada para padrões, detalhes e nuances do ambiente, além de possíveis desafios em contextos sociais mais fluidos. A pontuação em Alternância de Atenção (7/10) também indica que transições entre tarefas ou tópicos podem exigir mais esforço mental, enquanto Comunicação (6/10) e Imaginação (6/10), embora um pouco mais moderadas, ainda contribuem para o quadro geral. É importante lembrar: isso é um instrumento de rastreamento (screening), não um diagnóstico clínico – ele aponta tendências, não determina verdades absolutas sobre você.



A partir daqui, algumas atitudes práticas podem ajudar. Primeiro, considere registrar situações do dia a dia em que perceba esses traços com mais intensidade – isso pode enriquecer uma futura conversa clínica. Segundo, explore recursos de regulação sensorial e social que já funcionem bem para você, como pausas entre atividades ou ambientes mais previsíveis, valorizando o que já é eficaz. Terceiro, permita-se buscar comunidades ou grupos de apoio, presenciais ou on-line, onde trocar experiências pode trazer acolhimento e novas perspectivas.

Por fim, recomendamos fortemente que você procure um profissional qualificado – psicólogo ou neuropsicólogo com experiência em avaliação do espectro autista – para uma avaliação completa e individualizada. Esse passo pode trazer clareza, direcionamento e, sobretudo, tranquilidade. Autoconhecimento é um processo contínuo, e você já deu um passo valioso nessa jornada.

Recommendations

Formal clinical evaluation is strongly recommended.

Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.