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SAMPLE REPORT

PREMIUM REPORT

Quoziente dello Spettro Autistico (AQ-50)

Neurodevelopmental Screening Report

PREPARED FOR

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Quoziente dello Spettro Autistico (AQ-50)

Neurodevelopmental Screening Report

36
/ 50

Score

72%

Percentage

Strong Autism Spectrum Indicators

Result

Score 40+/50. Strong indicators of autism spectrum characteristics.

Category Breakdown

Category	Distribution	Pts
Social skills		8
Attention switching		7
Attention to detail		9
Communication		6
Imagination		6

Your Responses

Each answer contributed to your score.



#	Question	Your answer	Pts
1	I prefer to do things with others rather than on my own SS	Slightly Disagree	1
2	I prefer to do things the same way over and over again AS	Slightly Disagree	0
3	If I try to imagine something I find it very easy to create a picture in my mind IM	Slightly Disagree	1
4	I frequently get so strongly absorbed in one thing that I lose sight of other things AS	Slightly Disagree	0
5	I often notice small sounds when others do not AD	Slightly Disagree	0
6	I usually notice car number plates or similar strings of information AD	Slightly Disagree	0
7	Other people frequently tell me that what I said is impolite even though I think it is polite CO	Slightly Disagree	0
8	When I am reading a story I can easily imagine what the characters might look like IM	Slightly Disagree	1
9	I am fascinated by dates AD	Slightly Disagree	0
10	In a social group I can easily keep track of several different conversations AS	Slightly Disagree	1
11	I find social situations easy SS	Slightly Disagree	1



#	Question	Your answer	Pts
1 2	I tend to notice details that others do not AD	Slightly Disagree	0
1 3	I would rather go to a library than a party SS	Slightly Disagree	0
1 4	I find making up stories easy IM	Slightly Disagree	1
1 5	I find myself drawn more strongly to people than to things SS	Slightly Disagree	1
1 6	I tend to have very strong interests which I get upset about if I cannot pursue AS	Slightly Disagree	0
17 CO	I enjoy social chit-chat	Slightly Disagree	1
1 8 CO	When I talk it is not always easy for others to get a word in edgeways	Slightly Disagree	0
1 9 AD	I am fascinated by numbers	Slightly Disagree	0
2 0 IM	When I am reading a story I find it difficult to work out the characters intentions	Slightly Disagree	0
2 1 IM	I do not particularly enjoy reading fiction	Slightly Disagree	0
2 2 SS	I find it hard to make new friends	Slightly Disagree	0
2 3	I notice patterns in things all the time	Slightly Disagree	0



#	Question	Your answer	Pts
	AD		
2 4	I would rather go to the theatre than a museum IM	Slightly Disagree	1
2 5	It does not upset me if my daily routine is disturbed AS	Slightly Disagree	1
2 6	I frequently find that I do not know how to keep a conversation going CO	Slightly Disagree	0
2 7	I find it easy to read between the lines when someone is talking to me CO	Slightly Disagree	1
2 8	I usually concentrate more on the whole picture rather than the small details AD	Slightly Disagree	1
2 9	I am not very good at remembering phone numbers AD	Slightly Disagree	1
3 0	I do not usually notice small changes in a situation or a persons appearance AD	Slightly Disagree	1
3 1	I know how to tell if someone listening to me is getting bored CO	Slightly Disagree	1
3 2	I find it easy to do more than one thing at once AS	Slightly Disagree	1
3 3	When I talk on the phone I am not sure when it is my turn to speak CO	Slightly Disagree	0
3	I enjoy doing things spontaneously	Slightly Disagree	1



#	Question	Your answer	Pts
4	AS		
3 5	I am often the last to understand the point of a joke CO	Slightly Disagree	0
3 6	I find it easy to work out what someone is thinking or feeling just by looking at their face SS	Slightly Disagree	1
3 7	If there is an interruption I can switch back to what I was doing very quickly AS	Slightly Disagree	1
3 8	I am good at social chit-chat CO	Slightly Disagree	1
3 9	People often tell me that I keep going on and on about the same thing SS	Slightly Disagree	0
4 0	When I was young I used to enjoy playing games involving pretending with other children IM	Slightly Disagree	1
4 1	I like to collect information about categories of things such as types of car or types of bird AD	Slightly Disagree	0
4 2	I find it difficult to imagine what it would be like to be someone else IM	Slightly Disagree	0
4 3	I like to plan any activities I participate in carefully AS	Slightly Disagree	0
4 4	I enjoy social occasions SS	Slightly Disagree	1



#	Question	Your answer	Pts
4 5	I find it difficult to work out people intentions SS	Slightly Disagree	0
4 6	New situations make me anxious AS	Slightly Disagree	0
4 7	I enjoy meeting new people SS	Slightly Disagree	1
4 8	I am a good diplomat SS	Slightly Disagree	1
4 9	I am not very good at remembering people date of birth AD	Slightly Disagree	1
5 0	I find it very easy to play games with children that involve pretending IM	Slightly Disagree	1



AI Interpretation by Claude (Anthropic)
claude-sonnet-4-20250514

Grazie per aver dedicato tempo ed energia a questo percorso di auto-riflessione: completare un questionario così articolato come l'AQ-50 richiede coraggio e apertura verso se stessi, e questo merita riconoscimento. Il tuo punteggio complessivo di 36/50 si colloca al di sopra della soglia comunemente considerata significativa in ambito di ricerca (32/50), un dato che condividi con circa l'80% degli adulti autistici che hanno completato questo stesso strumento. Se ti ritrovi in molte delle affermazioni del questionario, sappi che questa esperienza è condivisa da moltissime persone, e che dare un nome a certe modalità di funzionamento può essere il primo passo verso una maggiore comprensione di sé, non un'etichetta limitante.

Guardando nel dettaglio le tue aree, emerge un profilo particolarmente interessante: l'Attenzione ai Dettagli (9/10) risulta molto elevata, suggerendo una capacità notevole di percepire pattern, sfumature e informazioni che altri potrebbero non notare – spesso una vera risorsa in molti contesti. Anche le Abilità Sociali (8/10) e l'Attenzione Alternata (7/10) mostrano punteggi significativi, indicando possibili difficoltà nel passare



rapidamente da un'attività all'altra o nel navigare dinamiche sociali complesse. Comunicazione (6/10) e Immaginazione (6/10) completano un quadro coerente con quanto riportato in letteratura per molti adulti nello spettro autistico.

È importante ricordare che questo è uno strumento di screening, non uno strumento diagnostico: fotografa alcune tendenze, ma non sostituisce una valutazione clinica approfondita. Ti suggerisco, se questi risultati risuonano con la tua esperienza quotidiana, di iniziare a osservare con curiosità (senza giudizio) le situazioni in cui questi tratti emergono maggiormente, magari tenendo un diario informale. Può essere utile anche esplorare risorse e comunità di persone autistiche adulte, che spesso offrono prospettive preziose e strategie pratiche condivise. Infine, ti incoraggio calorosamente a rivolgerti a uno psicologo o neuropsichiatra specializzato in age adulta e spettro autistico: un professionista qualificato potrà offrirti un percorso di valutazione completo e, se opportuno, strumenti su misura per te. Qualunque sia il passo successivo, questo momento di consapevolezza è già un dono che ti sei fatto.

Recommendations

Formal clinical evaluation is strongly recommended.

Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.