

PREMIUM REPORT

Autism Spectrum Quotient (AQ-50)

Neurodevelopmental Screening Report

PREPARED FOR

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Autism Spectrum Quotient (AQ-50)

Neurodevelopmental Screening Report

36

/ 50

Score

72%

Percentage

Strong Autism Spectrum Indicators

Result

Score 40+/50. Strong indicators of autism spectrum characteristics.

Category Breakdown

Category	Distribution	Pts
Social skills		8
Attention switching		7
Attention to detail		9
Communication		6
Imagination		6



Your Responses

Each answer contributed to your score.

#	Question	Your answer	Pts
1	I prefer to do things with others rather than on my own Social skills	Slightly Disagree	1
2	I prefer to do things the same way over and over again Attention switching	Slightly Disagree	0
3	If I try to imagine something I find it very easy to create a picture in my mind Imagination	Slightly Disagree	1
4	I frequently get so strongly absorbed in one thing that I lose sight of other things Attention switching	Slightly Disagree	0
5	I often notice small sounds when others do not Attention to detail	Slightly Disagree	0
6	I usually notice car number plates or similar strings of information Attention to detail	Slightly Disagree	0
7	Other people frequently tell me that what I said is impolite even though I think it is polite Communication	Slightly Disagree	0
8	When I am reading a story I can easily imagine what the characters might look like Imagination	Slightly Disagree	1
9	I am fascinated by dates Attention to detail	Slightly Disagree	0
10	In a social group I can easily keep track of several different conversations Attention switching	Slightly Disagree	1



#	Question	Your answer	Pts
11	I find social situations easy Social skills	Slightly Disagree	1
12	I tend to notice details that others do not Attention to detail	Slightly Disagree	0
13	I would rather go to a library than a party Social skills	Slightly Disagree	0
14	I find making up stories easy Imagination	Slightly Disagree	1
15	I find myself drawn more strongly to people than to things Social skills	Slightly Disagree	1
16	I tend to have very strong interests which I get upset about if I cannot pursue Attention switching	Slightly Disagree	0
17	I enjoy social chit-chat Communication	Slightly Disagree	1
18	When I talk it is not always easy for others to get a word in edgeways Communication	Slightly Disagree	0
19	I am fascinated by numbers Attention to detail	Slightly Disagree	0
20	When I am reading a story I find it difficult to work out the characters intentions Imagination	Slightly Disagree	0
21	I do not particularly enjoy reading fiction Imagination	Slightly Disagree	0



#	Question	Your answer	Pts
22	I find it hard to make new friends Social skills	Slightly Disagree	0
23	I notice patterns in things all the time Attention to detail	Slightly Disagree	0
24	I would rather go to the theatre than a museum Imagination	Slightly Disagree	1
25	It does not upset me if my daily routine is disturbed Attention switching	Slightly Disagree	1
26	I frequently find that I do not know how to keep a conversation going Communication	Slightly Disagree	0
27	I find it easy to read between the lines when someone is talking to me Communication	Slightly Disagree	1
28	I usually concentrate more on the whole picture rather than the small details Attention to detail	Slightly Disagree	1
29	I am not very good at remembering phone numbers Attention to detail	Slightly Disagree	1
30	I do not usually notice small changes in a situation or a persons appearance Attention to detail	Slightly Disagree	1
31	I know how to tell if someone listening to me is getting bored Communication	Slightly Disagree	1
32	I find it easy to do more than one thing at once Attention switching	Slightly Disagree	1



#	Question	Your answer	Pts
33	When I talk on the phone I am not sure when it is my turn to speak Communication	Slightly Disagree	0
34	I enjoy doing things spontaneously Attention switching	Slightly Disagree	1
35	I am often the last to understand the point of a joke Communication	Slightly Disagree	0
36	I find it easy to work out what someone is thinking or feeling just by looking at their face Social skills	Slightly Disagree	1
37	If there is an interruption I can switch back to what I was doing very quickly Attention switching	Slightly Disagree	1
38	I am good at social chit-chat Communication	Slightly Disagree	1
39	People often tell me that I keep going on and on about the same thing Social skills	Slightly Disagree	0
40	When I was young I used to enjoy playing games involving pretending with other children Imagination	Slightly Disagree	1
41	I like to collect information about categories of things such as types of car or types of bird Attention to detail	Slightly Disagree	0
42	I find it difficult to imagine what it would be like to be someone else Imagination	Slightly Disagree	0



#	Question	Your answer	Pts
43	I like to plan any activities I participate in carefully Attention switching	Slightly Disagree	0
44	I enjoy social occasions Social skills	Slightly Disagree	1
45	I find it difficult to work out people intentions Social skills	Slightly Disagree	0
46	New situations make me anxious Attention switching	Slightly Disagree	0
47	I enjoy meeting new people Social skills	Slightly Disagree	1
48	I am a good diplomat Social skills	Slightly Disagree	1
49	I am not very good at remembering people date of birth Attention to detail	Slightly Disagree	1
50	I find it very easy to play games with children that involve pretending Imagination	Slightly Disagree	1

**Your Personalized Interpretation**

Written by Claude (Anthropic)

Thank you for taking the time to complete this self-reflective assessment and for your willingness to explore this part of yourself. Scoring 36 out of 50 on the AQ-50 can bring up a lot of feelings—curiosity, validation, maybe even a sense of relief that there's language for experiences you've had for a long time. Whatever you're feeling right now is completely valid. Many people who complete this screening describe a similar mix of emotions, and know that you are far from alone in this. Research shows that around 80% of autistic adults score at or above this threshold, which suggests your responses align with patterns that are commonly



reported within the autism spectrum community.

In plain terms, this score indicates that several of the traits this tool measures showed up strongly in your responses, particularly in the areas of Attention to Detail (9/10) and Social Skills (8/10), followed by Attention Switching (7/10). These scores often point toward a strong capacity for noticing fine details and patterns, alongside possible challenges with shifting between tasks smoothly or navigating certain social situations with ease. Your Communication (6/10) and Imagination (6/10) scores, while comparatively lower, still contribute meaningfully to the overall picture and are worth exploring further. It's important to remember this is a screening tool, not a diagnostic instrument—it offers a snapshot, not a definitive answer, and it cannot capture the full complexity of who you are.

Moving forward, consider keeping a journal of situations where these traits show up most vividly, as this can be incredibly useful information to bring to a professional conversation. You might also explore sensory and organizational strategies that support your attention-switching moments, such as transition routines or gentle reminders before shifting tasks. Connecting with autism-focused communities, whether online or local, can also offer validating perspectives and practical coping strategies from people with lived experience.

Please consider sharing these results with a licensed psychologist or neurodevelopmental specialist who can offer a comprehensive evaluation. This is a meaningful step, not a final one, and understanding yourself more deeply is something to feel genuinely hopeful about.

Recommendations

Formal clinical evaluation is strongly recommended.

Important Notice

This report is a screening tool only and does not constitute a medical or psychological diagnosis.

This test does not replace a professional evaluation. For a reliable diagnosis, please consult a neuropsychologist, psychiatrist, or qualified healthcare professional.